

Beat the Heat

Extreme Heat and Your Medications

Possible Impacts



Some medications can increase the risk of heat related illness



Some medications can be less effective or occasionally more toxic when exposed to and stored in high temperatures

Things to Remember

STORAGE

Most medications need to be stored below 25°C or in the fridge if indicated. This applies particularly to antibiotics, adrenergic drugs, insulin, analgesics and sedatives.



TALK TO YOUR DOCTOR

about the correct use and storage of your medications and any affects they may have on you during hot weather.



Learn more about how to Beat the Heat this summer at
www.health.nsw.gov.au/environment/beattheheat



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