

**Beat  
the  
Heat**

If you can't beat the heat at home this summer, then visit us when the heat arrives

**We are a  
Community**

**COOL  
SPOT**



**Please come in  
and cool down**



We are free to visit and will be open during normal operating hours.

Don't get caught out in the heat.

Have a plan to get here and back home safely that avoids being outside during the hottest part of the day.



Hunter & Central Coast  
Regional Environmental  
Management Strategy



Health  
Central Coast  
Local Health District



Health  
Hunter New England  
Local Health District

the power of  
humanity



To find out more about ways to beat the heat visit [www.health.nsw.gov.au/environment/beattheheat](http://www.health.nsw.gov.au/environment/beattheheat)  
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