# Beat Heat

## Extreme Heat and Your Medications

**Possible Impacts** 

Some medications can increase the risk of heat related illness

Some medications can be less effective or occasionally more toxic when exposed to and stored in high temperatures

#### **Things to Remember**

#### **STORAGE**

Most medications need to be stored below 25°C or in the fridge if indicated. This applies particularly to antibiotics,

adrenergic drugs, insulin, analgesics and sedatives.

### TALK TO YOUR DOCTOR

about the correct use and storage of your medications and any affects they may have on you during hot weather.



Stay well and enjoy summer









